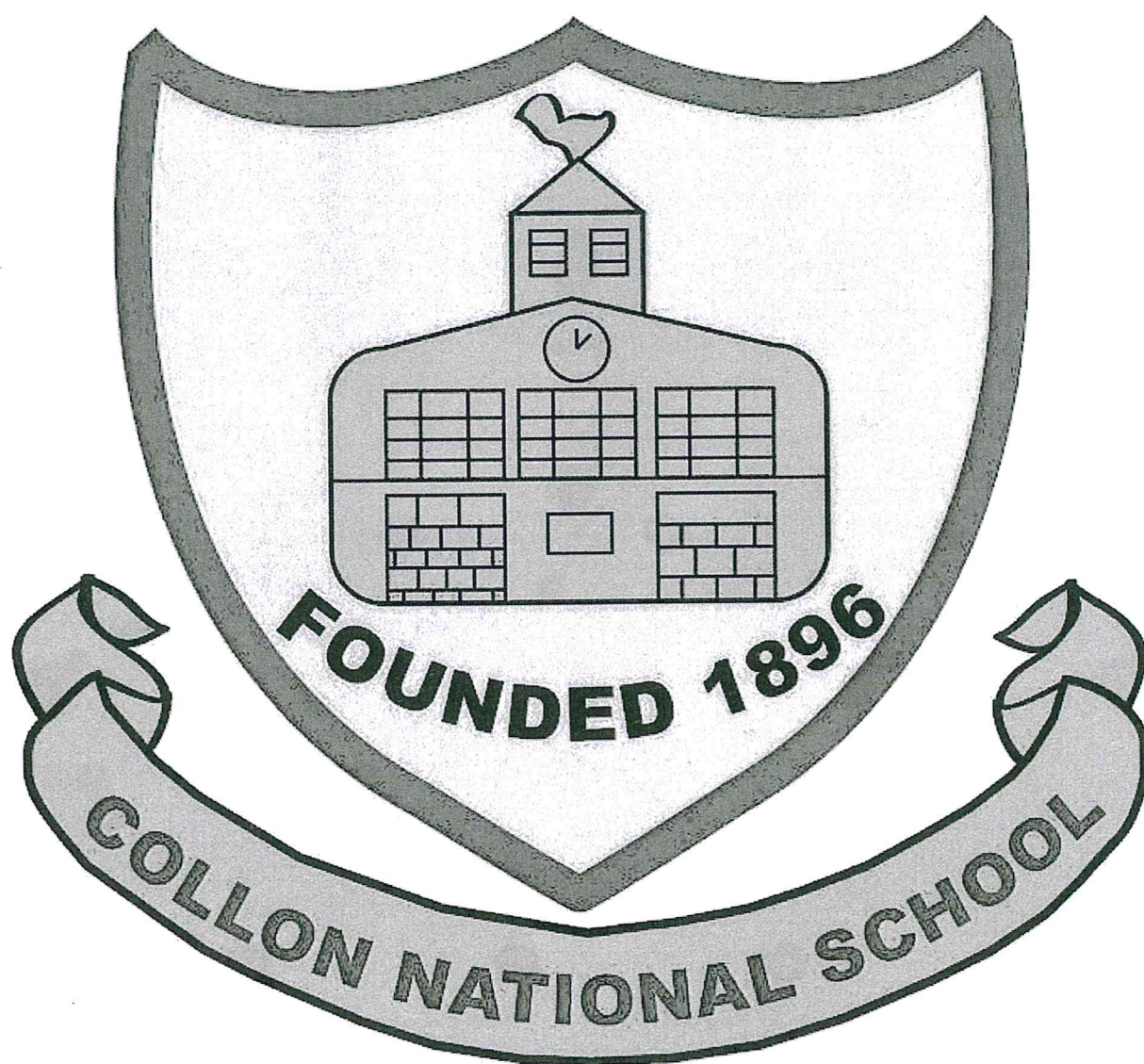


# **Collon National School**

## **Asthma Policy**



## Collon National School Asthma Policy

Collon National School welcomes pupils with asthma and recognises the importance of good asthma management. The Board of Management and staff of Collon National School are committed to ensuring that students with asthma achieve their full potential and take part in every aspect of school life through clear, practical guidelines on the care of asthma.

### Objectives

This policy aims to:

- Make provision for the immediate needs and requirements of pupils / staff who have asthma
- Ensure the physical safety and well being of pupils/staff with asthma
- Ensure that adequate resources and arrangements are in place to support pupils/staff with asthma
- Ensure that procedures are in place for communicating with parents
- Provide training for staff in meeting the needs of children with asthma
- Comply with all legislation relating to safety and welfare at work

### Roles and Responsibilities

#### Pupils

- Pupils have access to their reliever medication at all times
- Pupils are supported to self manage their asthma in line with their age and stage of development
- Pupils are permitted to take their medication as required.

### Parents

- Parents complete the schools Medical Conditions and Administration of Medicines form at the start of each school year.
- Parents are responsible for making sure their child brings their medication to school each day, including on school trips or school excursions.
- Parents provide their child's medication, clearly dated and labelled. A spacer and a mask, as required, should also be supplied.
- Parents are responsible for ensuring that the school has spare medication and a spacer in case of an emergency.
- Parents will alert school staff to changes in their child's asthma management

### School Staff

- School staff will assist students to take their medication if necessary and administer medication in an emergency
- School staff will familiarise themselves with the 5 Step Rule for dealing with Asthma attacks. The five step rule will be displayed in all rooms in the school.
- School staff will document an asthma attack and notify parents / guardians as a matter of priority.
- School staff will notify parents if their child has trouble concentrating, misses multiple school days, or is unable to take part in PE or sport because of asthma.
- School staff will accompany a pupil to hospital in case of an emergency



### Board of Management

- Management will arrange asthma management training with Asthma Society of Ireland should it be required
- Management will meet all legal, regulatory and policy requirements related to health care planning and asthma, and review regularly.
- Management will induct new staff in asthma policies and procedures.
- Management will review policies and practices at the beginning of each new school year.

### Asthma in PE and Sports Activities

- Pupils with asthma are encouraged to participate fully in exercise, sport and physical education.
- Staff ensure that pupils with asthma warm up appropriately and take their reliever medication 10-15 minutes before exercising if necessary
- Pupils must have their reliever inhaler with them during sport and exercise activities

### School Environment

- There is a Non Smoking policy on school grounds
- The school is cleaned daily
- Heating systems are well maintained
- Classrooms are well ventilated
- Furry or feathery pets are not allowed in classrooms
- Plants are not kept in classrooms
- Playground and yard are kept free of piles of Autumn leaves
- Grass will be cut out of school hours
- Staff endeavour to plan lessons with asthma in mind and to avoid using known triggers such as chemicals/ perfumes and aerosols in class.

### Record Keeping

- All parents of newly enrolled pupils will be asked to give medical conditions, including asthma, information on their enrolment form
- Parents must complete school Medical Conditions and Administration of Medicines form at the start of each new school year. Class teachers will be informed of medical conditions and plan discussed between parents, Principal and class teacher.
- Medical conditions and administration of medicines forms are confidential and are stored in filing cabinet in Secretary's Office.
- Yard Duty book is updated annually informing all staff of medical conditions and pupils to keep an extra look out for.

This policy was approved by the Board of Management on

11-10-18 and will be reviewed annually.

Signed : [Signature] Chairperson

Signed : Anne-Marie Martin Principal